

Toplice Lipik

SPECIAL HOSPITAL FOR MEDICAL REHABILITATION



A Short Journey

into the past of Lipik

At first glance, Lipik impresses with its beautifully preserved architecture dating back to Roman times. The first written documents about the area date from the 15th century, and the spa was already mentioned in the 18th century under the name Lipik Springs. Early water analyses confirmed the uniqueness of Lipik's water among European spas, leading to the construction of covered baths and pools. The first borehole, Count's Spring, was drilled in the 19th century. The geothermal water, with a constant temperature of around 60 °C, possesses exceptional balneological properties. In addition to its use in rehabilitation the water is also suitable for drinking



and was later bottled. Today it is known on the market as Studenac.

Lipik is also proud of its well-preserved neo-Baroque park, spanning the original area of 10 hectares in the heart of Lipik Spa. This monument of garden architecture was once an oasis for aristocracy, and today its pathways, alleys, and pavilions offer relaxation and leisure to Lipik's residents and visitors.

Lipik is a pioneer in the development of health tourism in Slavonia. Today, Lipik Spa, with its high-standard accommodation and 24-hour care, focuses on neurorehabilitation, which includes professional medical care and modern therapies for recovery from health issues. Additionally, guests can relax and regenerate in pools and baths filled with thermal spring water, complemented by massages and specialized wellness treatments.

Welcome to Lipik!



Thermal Water - an endless gift from untouched nature

Interesting facts

The Count's Spring, the earliest thermal water source, was first tapped by hand from the depth of 253 meters in the 18th century.

The quality of the thermal water found at the spring in Lipik has not changed in composition for 180 years. The well-known Studenac mineral water was created in Lipik.

The constant temperature of this healing water at its source is around 60 degrees.

Until the beginning of the Homeland war, Lipik was a famous European thermal bath and health resort.

In the 15th century John of Capistrano mentions the healing water from Lipičke Toplice, and other travel writers also write about the healing spring, where the surrounding population is "treated".

When visiting Lipik, you can try the thermal spring water at its source and take a bottle of water with you as a unique souvenir.

This thermal spring water has strong balneological characteristics reflected in its temperature, amount of fluoride and the content of dominant ions: sodium, hydrogen carbonate and chloride.



Health benefits of Lipik's thermal spring water:

Relieves neck and back pain.

Alleviates pain in osteoarthritis and various types of inflammatory rheumatism.

Reduces pain caused by neurological diseases and after joint and spine operations.

Increases the mobility of the joints, strengthens the muscles, and reduces painful tension in the muscles.

For more information on the composition of thermal water and its properties, scan the QR code:



Medical Services and Rehabilitation

Toplice Lipik Centuries-old Customs and Recovery

Toplice Lipik bases its long tradition on natural sources of healing thermal spring water and the expertise of its employees. Throughout history, combining natural sources with medical achievements, they have

contributed to the health and better quality of life of many, providing unique support on the way to recovery.

Toplice Lipik provides rehabilitation in the case of neurological conditions and diseases, rheumatic diseases, post-traumatic conditions, postoperative rehabilitation, bladder control disorders, as well as preventive treatment and health tourism.

In addition, diagnostic procedures such as EMG; EMNG and ultrasound of the locomotor system as well as therapeutic procedures, such as the application of botulinum toxin A for the treatment of spasms, are carried out.

The well-being of all guests is taken care of by a team of about 220 employees, including doctors specializing in physical medicine and rehabilitation, rheumatology, neurology, internal medicine, as well as physiotherapists, occupational therapists, speech therapists, nurses and other medical staff.



Rehabilitation Programs

Rehabilitation programs adapted to the specific needs of each individual are based on a combination of natural factors and modern medical achievements applied by professional staff.

Initial and final examination are carried out by a specialist for physical medicine. A consultative examination by specialists for neurology and internal medicine, as well as laboratory diagnostics are offered. The program may include the following physical therapy procedures:



Neurorehabilitation:

Individual physiotherapy exercises, special procedures and techniques:

Bobath Concept
Mobilization techniques for joints and soft tissues

Device physiotherapy:

Stabilometric platform
Dynamic verticalizer
Motomed
Functional magnetic stimulation of the pelvis

Electrotherapy treatments:

TENS
Seltzer ultrasound
Electrostimulation of muscles

Occupational therapy

Speech therapy

Hydrotherapy treatments in healing thermal spring water:

Individual exercises in the bathtub
Therapeutic exercises in the pool
Underwater massage
Pearl bath in a marble tub

Postoperative rehabilitation:

Individual physiotherapy exercises, special treatments and techniques:

PNF concept
DNS
Mobilization techniques for joints and soft tissues
K-tapes
PIR
Medical flossing

Device physiotherapy:

Motomed
Kinetek
Stabilometric platform

Electrotherapy treatments:

INDIBA Activ therapy
Shock wave
InterX
TENS
Magnetotherapy
Electrostimulation of the muscles

Hydrotherapy treatments in healing thermal mineral water:

Individual exercises in the bathtub
Therapeutic exercises in the pool
Underwater massage
Pearl bath in a marble tub



Rehabilitation for Painful Spinal Conditions:

Individual physiotherapy exercises, special treatments and techniques:

DNS
McKenzie method
PNF concert
Mobilization techniques for joints and soft tissues
K-tapes

Device physiotherapy:

Extensomat

Electrotherapy treatments for pain relief:

INDIBA Activ therapy
Shock wave
InterX
TENS

Hydrotherapy treatments in healing thermal water:

Individual exercises in the bathtub
Therapeutic exercises in the pool
Underwater massage
Pearl bath in a marble tub



New Generation treatments

Treatment with New Technologies and Innovative Devices



Bobath Concept

An oriented approach to solving the problems of people with muscle tension and disorders of movement and function caused by damage to the central nervous system is the basis of the Bobath Concept. It is most widely applied in neurological rehabilitation, which underlines its value. This concept is based on the repeated experiential learning of normal movement and active participation of the patient, guided by a therapist.



DNS – Dynamic Neuromuscular Stabilization

An effective method of treatment and prevention of painful conditions of the spine is to stabilize the torso through movements and proper abdominal breathing. The treatment includes exercises in fetal position, which reduces pain and increases mobility, effectively preventing future injuries.

INDIBA Activ Therapy

Ideal for the treatment of sports injuries, bursitis, capsulitis, tendinopathy and painful spine syndromes. The results of this therapy are very fast, and the improvement can be felt already after the first treatment. It is very effective in combination with manual and other physiotherapeutic techniques, pleasant and lasts only fifteen minutes.



Functional Magnetic Stimulation (FMS) of the pelvis



This is an effective method of treating various forms of urinary incontinence and other dysfunctions of the pelvic floor muscles for women and men. This therapy is suitable for all types of urinary and fecal incontinence, and significantly improves the rehabilitation process after surgery of the urogenital area and after childbirth.





Relaxation Zone

in an environment
to remember

Narodne kupke

In Lipik we have blended traditional and modern therapies to provide you with a truly remarkable and restful experience.

Massages and Treatments

Trust the hands of our experts and indulge in true relaxation with our diverse offer:

Classic Massages that remove stress and tension
Volcanic stone massage and cupping treatments for deep relaxation.

Refreshing ice balls for skin rejuvenation.

Maderotherapy for face and body.

Vibromassage to revitalize the body and acupressure pads that alleviate ailments.

Body care and peeling treatments to restore





freshness and shine.

Special care and deep cleansing of the face for the radiant appearance of your skin.

Halotherapy

Inspired by natural salt caves, the salt room helps with respiratory and skin problems and is ideal for children and adults. To achieve the best results, a minimum of 10 treatments, every or every other day, is recommended.

Experience the beneficial effects of the Turkish bath and dry sauna for stress relief and complete peace. Enjoy the pool and jacuzzi with thermal spring water for natural regeneration and pleasure.

Mramorne kupke

This building is the most representative in the entire complex, a symbol of luxury and elegance. Built in 1886, it impresses with its classicist style, and interior with original marble bathtubs and floors and decorated ceilings.

Here you can enjoy hydrotherapy with thermal water, underwater massages and pearl baths. We highlight the Count's and Countess' baths – special individual baths in marble tubs kept in their original, historical form.

Accommodation

Tailored to your needs

Regardless of your health needs or desire for vacation, in Lipik Spa you will find accommodation that perfectly matches your expectations. The four facilities offer a total of 174 beds, and except Ankin dvor, they are all connected by heated corridors with therapeutic facilities, a restaurant, a relaxation area and a swimming pool, and are fully adapted to the needs of disabled people.

Kurhotel – heart of rehabilitation and therapy

The largest facility with 105 beds is suitable for all guests, from independently mobile to immobile patients. Inside the facility there is an exercise room and occupational therapy, thermotherapy, hydrotherapy tubs, and 24-hour medical care are provided.

Dependence – comfort and functionality

The Anexx offers 39 beds in air-conditioned double and triple rooms, equipped with TV and internet.

Inside the facility, guests have access to an exercise room and hydrotherapy.

Kamene kupke – elegance with a view of nature

Seven double rooms**** offer air-conditioned accommodation with a view of the century old park and the Izvor Pavilion. The rooms are equipped with TV, internet and private bathrooms.

Ankin dvor – privacy and comfort for families and couples

This house offers eight apartments**** with kitchens, dining rooms and living rooms. The apartments are air-conditioned, equipped with TV and Internet. They have their own yard and parking, and are located in the immediate vicinity of the spa complex.



Looking into the Future

The new Hotel Fontana as a gem of health tourism in Lipik

The end of 2026 brings a new era for Toplice Lipik with the opening of the four-star luxury Hotel Fontana. This energy-efficient facility with almost zero energy consumption (nZEB) will set new standards for accommodation and services.

Key Information about Hotel Fontana:

Capacity: 87 modern rooms with 147 beds.

Energy efficiency primary energy savings of up to 78.2%.

Purpose: complete adaptation to the needs of health tourism.

The development of this hotel brings a new quality to the tourist amenities at Toplice Lipik, offering guests from around the globe the highest level of comfort and services.

The new Hotel Fontana will serve as a hub for leisure and enjoyment in addition to rehabilitation. Other sports and leisure spaces, as well as wellness and spa facilities will be redesigned.



Congress tourism

Quella Conference Hall – a combination of elegance and functionality for your next event

The Quella Conference Hall offers a perfect blend of modern design and historical heritage, providing an ideal location and modern facilities for organizing conferences, seminars and workshops.

What does Quella Hall offer?

Capacity: up to 70 participants

Equipment: laptop, LCD projector, screen, flip chart, loudspeakers and microphone, free WI-FI for all participants

Catering services at request

Why choose Toplice Lipik?

For a combination of work and relaxation; after the conference meetings, enjoy the wellness facilities or explore the beauty of Lipik.

Excellent location: suitable for business clients from Lipik, Zagreb and surrounding areas.

Inspirational atmosphere: surrounded by nature and historical landmarks, participants will enjoy a peaceful setting that fosters creativity and productivity.



Additional activities in Lipik

In Lipik expect the unexpected – a small town full of things to do

Lipik is ideal for relaxing in the embrace of nature – near the Toplice Lipik there is a beautiful park, which is also a monument of park architecture. Take a walk along the paths and promenades, visit Jelka's hill, refresh yourself at the Count's healing spring, or try out one of the sports at the nearby sports grounds. Not far away, in the church tower, there is an observation desk where you can view multimedia content about the rich history of Lipik.

If horses are your passion, visit the Lipik State Stud Farm and Diamant Trotting Club, where you can enjoy a carriage ride or test your riding skills. Lipik is an ideal destination for families and trips to the Raminac and Pjeskara lakes, or you can explore the forest paths of Psunj and Papuk by bike or hiking, while in summer an attractive complex of 3 outdoor

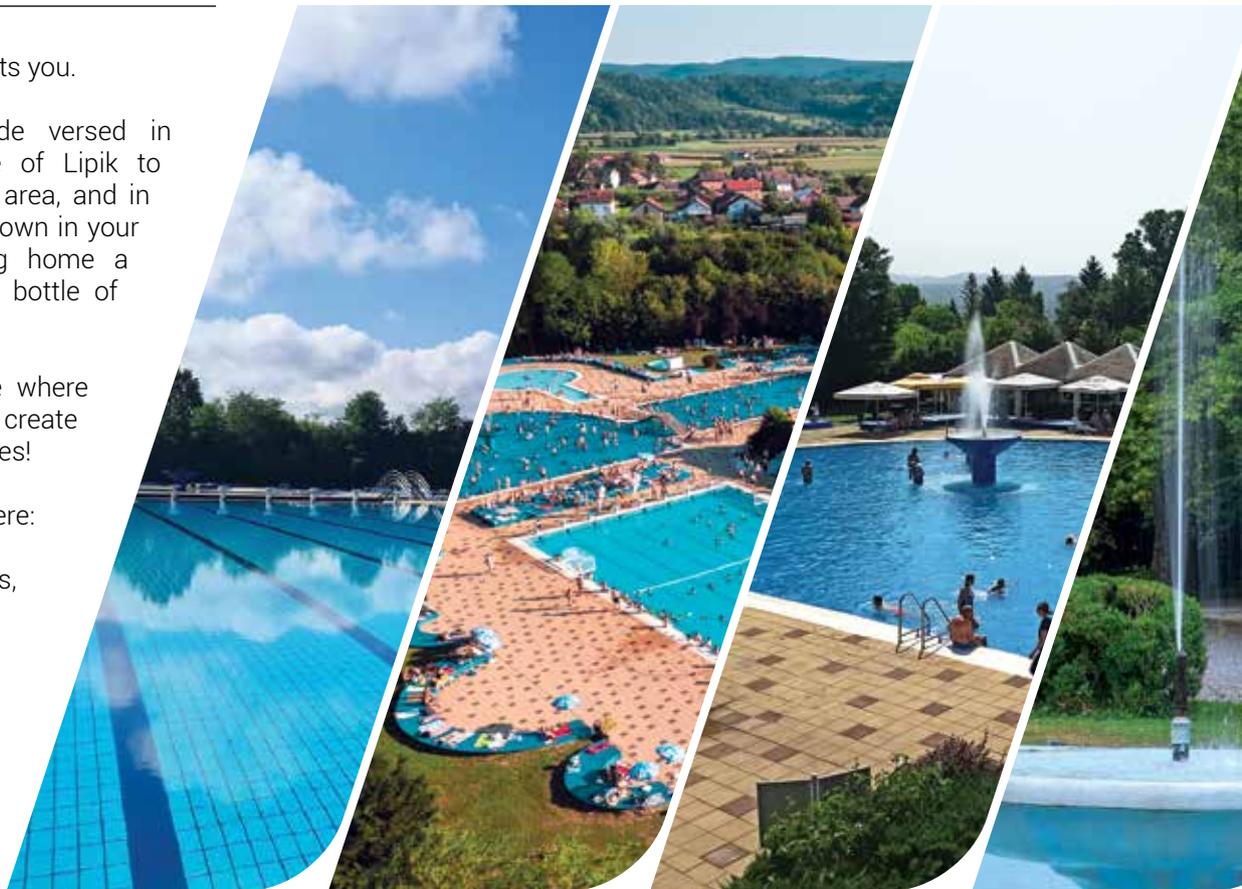


swimming pools awaits you.

Take a tourist guide versed in the cultural heritage of Lipik to introduce you to the area, and in order to include this town in your treasure chest, bring home a unique souvenir – a bottle of spring water.

Visit Lipik – a place where nature and health create unforgettable memories!

An inspiring atmosphere: nestled amidst nature and historic landmarks, participants will enjoy a serene setting that encourages creativity and boosts productivity.



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